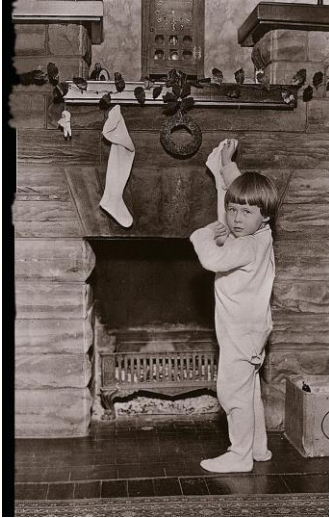


Childhood: Christmas traditions

Activity Information Sheet:

**Activity:**

Reflecting on traditional gifts and food

Duration:

10 minutes

Resources:

1 sound montage which can be paused and replayed to clarify and discuss what has been heard.

A printable PDF of photos to talk about, if further prompts are required.

Extras:

Notebook or recording device to share stories about Christmases past and present.

Activity aim:

- To listen to a sound recording of several people talking about their childhood memories of Christmas (approximately 3.5 mins in total).
- To recall stories about Christmases past and present.

Instructions:

1. Be still and quiet for a minute and listen to the sounds around you.
2. Explain that you are going to listen to some people talking about their childhood memories of Christmas. The recordings include the presents that children received in their stockings, what families ate for lunch and stories about making and eating Christmas puddings and cakes.
3. Look at the accompanying photos and talk about people's experiences of Christmas. Play the sound clip and note that there are sound effects between each speaker where you can pause the recording to discuss it.

Topics for discussion:

- What were Christmases like when you were a child?
- What are you favourite festive foods?
- How is Christmas different now to days gone by?
- What was the best present you ever received or gave to someone?