

Activity Information Sheet:

**Activity:**

Home food and school dinners

Duration:

20 minutes

Resources:

2 soundscapes (3.45 mins and 3.10 mins long) which include sound effects and spoken word.

A printable PDF of photos to talk about, if further prompts are required.

Extras:

Notebook or recording device to share stories about food at home and food at school.

Activity aim:

- To listen to a variety of sound clips and stories which describe the food people ate as children, at home and at school.
- To recall stories about food from childhood days including things they do and don't like.

Instructions:

1. Be still and quiet for a minute and listen to the sounds around you.
2. Explain that you are going to listen to some short sound recordings which describe food that people ate when they were children.
3. Play one of the sound clips. 'What did you eat?' describes Whitwick's seasonal food and Asian vegetarian food. 'School dinners' describes some of the food challenges Asian children faced when they started school and some of the best and worst things on a school menu! Pause and replay as appropriate. At the end, look at the photos and talk about favourite foods and food stories.

Topics for discussion:

- What are your 3 best and worst foods?
- Have you ever grown your own food?
- What do you think of school dinners?
- What foods remind you of different parts of the world?